

Exchange Program Report

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Kobe University Hospital

I stayed and studied in Kobe, Japan for 1 month to study cardiovascular medicine (internal medicine). I studied at Kobe University Hospital, one of the top public university hospital in Japan. Beside studying, I also had a good and pleasant time in Japan, for sightseeing and enjoy culinary around Kobe, Osaka, and Kyoto. It was such an unforgettable moment.

I studied cardiovascular medicine in cardiology medical ward and special care unit. I learned how to manage and take care patient optimally. I also learned about imaging in cardiovascular medicine that is very advanced technology. The imaging such as nuclear scintigraphy and angiography. Many lectures also helped me to understand cardiovascular medicine completely. I also made an international journal publication of case report titled “Diagnostic Approachment of Cardiac Amyloidosis” which is still being reviewed. From the medical staff, I learned about true eagerness, passion, and happiness in doing work. I got many ideal role models for becoming such a good doctor and scientist. This program really improve my medical knowledge and skills. Also, I could improve my Japanese language skill. Now, I can write hiragana and katakana. I also could make some sentences and usual conversation using Japanese language. I could live more independent and learned how to become a responsible man for my own self and others.

Beside studying, I also enjoy sightseeing and culinary around Kobe, Osaka, and Kyoto with my friends. I really love culture, condition, and people in Japan. The medical staffs very nice and really taking care of me. They always supported and gave advices for me. We also had fun together such as play footsal, doing lunch, and dinner together almost everyday. It was such a pleasure for me to met those nice people. I really had a pleasant time in Japan. Hopefully, in the future, I could study in Japan for a longer time. These experience definitely would be a great value for me as I become a doctor in the future.